

SPAGHETTI

LOW PROTEIN PASTA

500 g



Enhancing Lives Together
A Nestlé Health Science Company

PREPARATION: Bring a sufficient quantity of water to the boil (2 litres water per 100 g pasta). Add Spaghetti and salt according to taste and dietary allowance. Boil for 11-13 minutes, stirring regularly.

Food for Special Medical Purposes. For use in the dietary management of inherited metabolic disorders (e. g. Phenylketonuria), or conditions requiring a low protein diet.



- ✓ Classic Italian pasta
- ✓ Pairs well with a long list of sauces

INGREDIENTS: Maize starch, rice starch, thickener: cellulose; cane sugar syrup, chicory inulin, emulsifier: mono- and diglycerides of fatty acids; rice flour, palm fat, safflower extract, colour: beta-carotene.

Nutrition declaration	100 g	1 portion 80 g
Energy	1503 kJ 355 kcal	1202 kJ 284 kcal
Fat	1.6 g	1.3 g
of which saturates	0.9 g	0.7 g
Carbohydrates	81 g	65 g
of which sugars	3.2 g	2.6 g
Fibre	7.3 g	5.8 g
Protein	0.5 g	0.4 g
of which Phenylalanine	18 mg	14 mg
of which Tyrosine	14 mg	11 mg
of which Leucine	31 mg	25 mg
Salt	0.08 g	0.06 g
of which Sodium	30 mg	24 mg
Potassium	14 mg	11 mg
Phosphorus	23 mg	18 mg

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SPAGHETTI is a food for special medical purposes and must be used under medical supervision.